



Hilton
Dunkeld House

Travel should take you places™

SPA TREATMENTS
HILTON DUNKELD HOUSE & COUNTRY CLUB

[comfort zone]

[comfort zone] is a leading Italian company in the field of development and production of skincare products and treatments. Our mission is to combine the best of science and nature by offering the highest quality products with results orientated treatments. [comfort zone] appeals to all and offers the ultimate spa experience. All [comfort zone] treatments begin with our signature tranquillity welcome ritual, to relax and soothe the senses.

Rebalance

hydramemory

24hr deep hydrating treatment

+ (60mins) £55

+ (Rebalance mini facial 30mins) £35

A deeply hydrating treatment to improve moisture levels in the skin. Hibiscus and honey work to retain moisture in the skin whilst the special ingredient trehalose taken from a desert plant works to increase the moisture and leave the skin feeling like silk.



skin resonance

rebalancing treatment for sensitive skins

+ (60 mins) £55

A treatment developed to rebalance and strengthen sensitive skins. This treatment not only cools and calms but reduces any irritation within the skin.



recover touch

anti-oxidant vitamin treatment

+ (60 mins) £55

Anti-oxidant vitamin treatment, which works to neutralise free radicals, which can destroy the skins natural collagen and elastin. Nourishing cloudberry and canola oil revive a dull, tired complexion.

Purify

active pureness rebalancing

deep purifying treatment

+ (60 mins) £65

Deep cleansing treatment recommended for oily or combination skins, extracts of sage, balm mint and orange fruit water deeply cleanse and leave the skin feeling fresh and restored.

active pureness regenerating

active treatment for problem and impure skins

+ (60 mins) £68

Balances and treats problem skins, using fruit acids to gently exfoliate surface cells leaving the skin fresh and clear.

Renew and Nourish

glorious skin

an immediate lifting and tensing effect.

+ (60 mins) £65

Incorporates the ingredient hexapeptide which works as a muscle inhibitor. Excellent for a special occasion or will give on-going lifting and firming effects especially when used in conjunction with a special homecare programme. Uses a unique setting mask which once removed reveals firmer smoother looking skin.

chrono-reverser

alpha hydroxy acid treatment

+ (60mins) £52

Stimulate cellular regeneration and effectively improve the appearance of lines, wrinkles, pigmentation and acne scars. Skin appears extraordinarily luminous, smooth with an exceptional new texture.

chrono-reverser collagen

*collagen and alpha hydroxy acid
anti-ageing treatment*

+ (60mins) £65

Re-texturised, revitalized and deeply hydrated skin. Microcirculation of the skin is stimulated providing perfect texture and plumped lines. Skin is supple, moisturized with a long lasting glow.

action sublime

deep anti-ageing treatment

+ (90mins) £110.00

Exceptional anti-ageing action - thanks to the synergy of elasticizing retinol, hydrating and firming hyaluronic acid and lacto filling proteins. These ingredients work together to visibly reduce wrinkles and expression lines. Promotes deep relaxation through our specialized three phase massage technique which is unique to [comfort zone].



Lighten and whiten

absolute pearl

treatment for dull skins or pigmentation prone skin + (60 mins) £52

This facial is excellent for treating hyper pigmentation areas while improving skin luminosity. The anti-oxidant effect creates an immediate brightness and used in conjunction with a specific homecare routine will reduce pigmentation spots. The treatment uses brightening extracts of lemon and white willow bark.

eye supreme treatment

anti-ageing eye treatment + (30 mins) £38

Anti-ageing eye zone treatment to restore moisture and nourishment to the delicate eye area reduces puffiness and dark circles whilst eliminating dehydration lines.

lip blooming

lip treatment + (30mins) £24

A complete lip care system to rejuvenate, smooth, nourish, hydrate and re-plump the lip area.

Man Space

hydra performance facial

rehydration treatment for men

+ (45mins) £45

Perfectly restores moisture levels to the skin by the use of active ingredients such as Swiss glacial water. Ideal for frequent flyers or skin that is exposed to extreme temperatures and environmental stress.

pure performance facial

active purification treatment

+ (45mins) £45

Removes impurities whilst rebalancing oily areas. This deep cleansing treatment leaves the skin with a perfectly matte finish.

anti-age performance facial

active rejuvenating treatment

+ (45mins) £50

Active treatment to contrast wrinkles and expression lines, stimulates cell renewal leaving the skin firm compact and toned. Uses a lightweight ultra effective serum to firm the skins surface.

Revitalise

comfort touch massage

relaxing and revitalising massage

+ Full body (50mins) £50

+ Back, neck and shoulders (25mins) £38

Using specially selected oils to tailor make the treatment to suit your needs, designed to relax and rebalance energy levels while alleviating muscular tension and stress.



tranquillity ritual treatment

aromatic well-being ritual for face and body

+ (105mins) £95

A unique experience to deeply relax the body and mind. Immediate sense of well being, decontraction of tight muscles, improved circulation. Profound hydration for body and face.

d-age

firming and anti-ageing body treatment

+ (60mins) £68

Using a synergy of active ingredients to firm and repair damaged skin. Kamani oil stimulates collagen synthesis and walnut works against the adverse effects of atmospheric pollution. D-age also works to reduce the appearance of stretch marks and aids in the prevention of new ones.



lushly

*deep anti-ageing treatment polynesian rituals with
tiaré flower blossom extract for hands and feet*

+ Hands (30mins) £35

+ Feet (35mins) £35

An exotic treatment inspired by an ancient Polynesian rite for bestowing well being to hands and feet. This exfoliating, hydrating and refreshing action restores suppleness and hydration to tired hands and feet, leaving the skin soft and beautifully fragranced with tiaré flower extract.

vital leg

relieving and detoxifying treatment

+ (45mins) £48

Designed for legs suffering from fluid retention, tension and a sense of heaviness. The synergy of active ingredients promotes the elimination of impurities to improve circulation and provide a rebalancing action. Visibly reduces swelling, regains lightness and vitality and prolongs a wonderful fresh feeling due to the added ingredients of pressed mint juice.

Maternity Treatments

new life

treatment during pregnancy

+ (60mins) £55

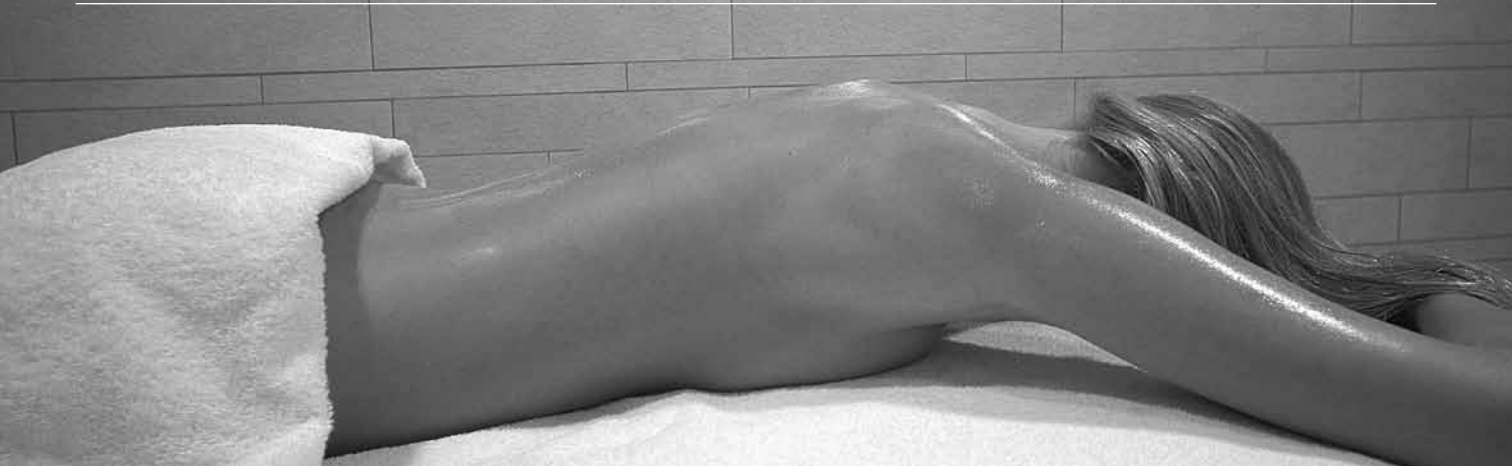
With its sweet and delicate ingredients this treatment has a draining effect and relieves joint tension by reducing swelling and heaviness. This treatment is safe for clients that are 12 weeks pregnant or more to maintain the skin tone and elasticity whilst deeply relaxing muscles in the lower back area.

new mum

post pregnancy treatment

+ (60mins) £65

Restores the body shape and firms the skin tissues following pregnancy. A synergy of products that help regain tone, firmness and elasticity.



Body Strategist

body strategist remodelling cellulite treatment

cellulite reduction treatment + (60mins) £68

Intense cellulite reducing treatment, carnitine and caffeine have an exceptional effect on eliminating fatty deposits. The hot and cold effect increases blood circulation to the areas being treated. A course is highly recommended for best results.

body strategist nutritional treatment

anti-oxidant treatment that improves tone and elasticity + (60 mins) £68

Using a unique gel body mask blended for each treatment. This aromatic treatment uses the benefits of organic pumpkin cells, tomato and basil combined with vitamins B1, B2 and vitamin C to deeply nourish the tissues and recondition the skin.

For further details or to make an appointment for the perfect treatment, please contact LivingWell where we will be delighted to assist you.

Telephone: 01350 728 372

E-mail: peter.richardson@hilton.com

Website: www.hilton.co.uk/dunkeld

Eye Care

- Eyelash tint*** + (20mins) £15
- Eyebrow tint*** + (10mins) £8
- Eyebrow shape** + (15mins) £8

**Patch Test required 24 hours in advance*

Waxing

- Full Leg & Bikini** + (50mins) £30
- Half Leg** + (20mins) £20
- Bikini** + (15mins) £10
- Under Arm** + (10mins) £10
- Lip** + (15mins) £8



Hands & Feet

- File & Polish** + (25mins) £25
- Jessica Manicure** + (50mins) £35
- Jessica Pedicure** + (50mins) £35
- Jessica Deluxe Manicure** + (75mins) £45
- Jessica Deluxe Pedicure** + (75mins) £45
- Paraffin Wax Manicure** + (50mins) £25
- Paraffin Wax Pedicure** + (50mins) £25



Anti-Stress Care

- Swedish Massage** + (50mins) £50
- Paraffin Wax Massage** + (50mins) £50
- Indian Head Massage** + (50mins) £45
- Reflexology** + (50mins) £45
- Hot Stone Back Massage** + (50mins) £50
- Hot Stone Full Body** + (80mins) £70

Opening Hours & Contacts

Monday - Saturday	10.00 – 6.00pm
Sunday	10.00 – 5.00pm
Telephone	01350 728 372
Hotel/Lodge extension	372

Terms & Conditions

If appointments are cancelled within 12 hours then a 50% cancellation fee will be charged. Please ensure that you arrive 15 minutes prior to your treatment to allow completion of your personal client record card. If you do arrive late for your treatment, there will be no extension to the treatment booked. An alternative may be offered within the time limit. Prior to any treatments being carried out, all clients must complete a client record card, which asks about your medical history. In certain circumstances it may not be possible to receive the treatment you have requested. An alternative treatment may be offered after consultation with the Therapist. [comfort zone] spa is open to non members and non residents. Spend £40 on treatments and have complimentary use of the Health Club wet facilities. Personalised gift vouchers are available on request.

We look forward to welcoming you...





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DUNKELD, PERTSHIRE, PH8 0HX**

To contact the spa directly, call +44 (0)1350 728 372 or email peter.richardson@hilton.com

To find out more, or to book call +44 (0)1350 727 771, email reservations.dunkeld@hilton.com or visit www.hilton.co.uk/dunkeld