

FOR THE BODY

Full Body Swedish Massage with Thalgo Aroma-Blended Oils 55 mins **£45.00**

Half Body Swedish Massage with Thalgo Aroma-Blended Oils 25 mins **£30.00**

Reflexology 90mins **£50.00**

Based on the idea that the reflex points on the feet relate to different parts of the body, reflexology can re-balance energy levels and restore the body to a harmonious state.

Indian Head Massage 25 mins **£30.00**

A traditional Indian Massage incorporating scalp, face, neck, shoulders and upper arms, using a variety of different massage techniques.

Pregnancy Massage 55mins **£43.00**

Suitable from 3 months of pregnancy onwards.

Full Body Exfoliation 1 hour **£30.00**

To remove dead skin cells and brighten the skin, to include a Full Body Exfoliation using the Descomask Body Scrub followed by an application of your chosen body cream.

Thalgomince Warm Body Wrap 1½ hour **£55.00**

The perfect treatment to kick-start or maintain weight loss, or simply tighten and tone. With new Thalgomince LC24 Technology, this treatment incorporates a specialised massage to break down fatty deposits.

Marine Prelude 1 hour **£50.00**

This ultimate exfoliation treatment is ideal for pre holiday, and it's the perfect preparation for a slimming or tanning program. Natural Marine Mud exfoliate and infuse the skin with beneficial minerals. Dead skin cells are eliminated and skin texture is smoothed and refined.

Aromatic Massage 25mins **£30.00**

55mins **£45.00**

A relaxing body massage combining the deep pressure point work of Shiatsu Massage and the kneading sweeping movements of Swedish Massage. Choose from a range of Essential Oils for a personalised massage to either; tone and revitalise; activate the breakdown of fatty deposits; detoxify and eliminate excess water; or just too simply relax.

Thalgomince Pregnancy Pamper Treatment 1½ hour **£55.00**

Delve into the comfort of this hydrating toning treatment, and prepare your skin for a new life. Marine Algae, Elastin and Wheat Germ Oil combine with Plant Extracts to strengthen skin tone and restore firmness. This treatment can be undertaken throughout pregnancy to improve elasticity and to reduce the appearance of stretch marks.

Ocean Memory 1¾ hours **£80.00**

A journey to the origins of the ocean to replenish, regenerate and invigorate for a deep sense of renewal. To include a Full Body Exfoliation with Salt Flakes and Seaweed Petals. Followed by a massage with the Algae pouch and Aquatic Massage Oil. Then ending with a wrap with Tingling Algae Mousse.

Sea and Senses (Marine Hot Stones)

This is a complete purifying re-mineralising and relaxing treatment, using Volcanic and Marine Stones to evoke a floating sensation for the ultimate relaxation.

Face and Body 2½ hours **£100.00**

Body 1¼ hours **£60.00**

Face 1¼ hours **£55.00**

Indoceane Complete Body Ritual 1¾ hours **£75.00**

Thalgo has crossed the oceans to harness the serenity and relaxation powers of the orient. Creating a time vital relaxation ritual. To include a Full Body Exfoliation with the Sweet and Savoury Body Scrub, Body Massage with the luxurious Massage Oil ending with the Sublime Body Wrap.

Aromaceane 1 hour **£55.00**

A unique and personalised body wrap combining Natural Marine Mud mixed with either Relaxing, Slender or Detox Pre-Blended Oils.

Micronised Marine Algae Wrap 45mins **£40.00**

Rich in Minerals, Vitamins and Micro Nutrients. This treatment activates circulation and increases metabolism, relieves aches and pains.

Rebalancing Back Treatment 1 hour **£50.00**

A deeply relaxing back treatment, to rebalance and purify the skin. Recommended for people who suffer with acne, eczema and psoriasis.

Fake Bake*

Spray Tan 30mins **£25.00**

Including body polish 1 hour **£45.00**

Opening Hours

Sun 10.00am - 4.00pm

Mon 10.00am - 6.00pm

Tues 10.00am - 6.00pm

Wed 10.00am - 6.00pm

Thurs 10.00am - 7.00pm

Fri 10.00am - 8.00pm

Sat 10.00am - 6.00pm

Terms & conditions apply

Please contact the Treatments team for a copy of the terms and conditions.

Cancellations

24 hours notice is needed for cancellations. The treatment fee will be payable if insufficient notice is given.

Weekend appointments

All weekend appointments are to be pre-paid on booking.

Vouchers are available

These are valid for one year and must be produced at time of use.

Price list may change without notice

Treatments and opening times are correct at time of print. These are subject to availability.

Please note that there may be medical reasons as to why a treatment cannot be carried out. If you feel this may apply please contact the spa prior to your treatment. In addition to this, treatments marked () may require a patch test 24 hours prior to your treatment.*

Email: spa.brightonmet@hilton.com

Kings Road, Brighton BN1 2FU

Hotel Tel: 01273 775432

Treatments Direct Line: 01273 715030

hilton.co.uk/brightonmet



TREATMENTS

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WEDDING PACKAGES

For The Bride £155.00

2 Weeks Prior Trial Make-up
1 Week Prior Eyebrow Shape, Eyelash Tint
Aroma Essential - Facial
Prior To The Day Manicure, Pedicure
The Wedding Day Cleanse and Make-up

For The Groom £145.00

1 Week Prior Ocean Facial for Men
Marine Prelude
Prior To The Day Men's Hand and Nail Grooming
Full Body Aromatic Massage

WEDDING PARTY

For Her £120.00

2 Weeks Prior Trial Make-up
Prior To The Day Manicure
Mini Pedicure
The Wedding Day Cleanse and Make-up

For Him £60.00

Prior To The Day Full Body Aromatic Massage
Men's Hand and Nail Grooming

Pre Holiday Pampering £160.00

Marine Prelude, Eyelash Tint, Eyebrow Shape,
A Choice of an Aroma Essential Facial or Rebalancing
Facial plus a Pedicure and Mini Manicure

Pre Natal Pampering £125.00

Thalgomince Pregnancy Pampering Treatment
Pedicure and Extreme Comfort Facial

Ultimate Pamper Day (Excludes Saturdays) £145.00

Use of the sauna, steam room, spa and swimming pool, plus lunch served between 12.30 - 2pm, then choose from an Indoceane or Ocean Memory Treatment, plus a choice of a Rebalancing, Extreme Comfort or Aroma Essential Facial. On arrival you will also receive a complimentary Thalgo gift pack.

Day Special (Excludes Saturdays) £52.00

Use of the sauna, steam room, spa and swimming pool, plus lunch served between 12.30 - 2pm, choose from the Purity Ritual Facial or the 1/2 hour Aromatic Massage.

Pamper Day (Excludes Saturdays) £70.00

Use of the sauna, steam room, spa and swimming pool, plus lunch served between 12.30 - 2pm, choose from a Marine Prelude or a Full Body Aromatic Massage or Micronised Marine Algae Wrap.

Beauty Day (Excludes Saturdays) £110.00

Use of the sauna, steam room, spa and swimming pool, plus lunch served between 12.30 - 2pm, then choose two of the following treatments: Micronized Marine Algae Wrap, a Full Body Aromatic Massage, Marine Prelude, Aroma Essential Facial or Cold Marine Facial

Top To Toe £140.00

Marine Prelude, Aroma Essential Facial, Manicure and Pedicure

Use of The Treatments Facilities £10.00

(To include use of the swimming pool and spa) £15.00

To include use of the sauna, steam room and relaxation area on Saturdays, at least one treatment per person must be booked in order to use the facilities.

Spa Membership

Livingwell Members per month £10.00

(10% off treatments and products)

Non Livingwell Members per month £25.00

(10% off treatments and products)

Beauty Membership per month £45.00

(25min treatment each month plus 15% off products)

FOR THE FACE

Rebalancing Facial with Micronised Marine Algae 1 hour £40.00

Ideal for combination, oily problem skin types, this anti - bacterial rebalancing treatment, featuring Thalgo's Patented Micronised Marine Algae. Your skin feels deeply cleansed, re-mineralised and beautifully matte.

Extreme Comfort Facial 1 hour £45.00

A deeply moisturising and soothing treat for dry and fragile skin, this nourishing facial provides intensive comfort to dehydrated skin.

Fundamental Wrinkle Control Facial 1 hour £60.00

A precision anti ageing facial, featuring unique Wrinkle Filler Strips, applied wrinkle by wrinkle to fill in fine lines and plump out wrinkles from within. Combined with a 'second skin' mask to drench the skin with Substance Initale Marine, a complex rich in Algae Extract, peptides and energising Plant Extracts. Intensely moisturised, wrinkles and fine lines are smoothed and 'de-created'.

Aroma - Essential Facial 1 hour £40.00

Combining the purest Essential Oils, Plant Extracts and a Cool Marine Algae Mask, this facial is the ultimate in relaxation. Expression lines are softened, and tensions are relieved. Suitable for all skin types.

Collagen Velvet Facial 1 hour £55.00

A luxurious treatment for moisture deficiency, fine lines and wrinkles.

To incorporate Eyes, Neck & Lips. 1 1/2 hours £70.00

Cold Marine Facial 1 hour £45.00

Soothes and calms sensitive skin and reduces redness caused by broken capillaries.

Clear Expert Facial 1 1/4 hour £70.00

This specially formulated lightening and brightening range will help perfect your complexion by re-plumping and eliminating imperfections for a more youthful appearance.

Thalgo Prescription Facial 1 hour £40.00

Tailored to suit your needs 1/2 hour £30.00

MEN

Ocean Facial 1 hour £45.00

Algue Bleue Vitale and Bamboo extracts combine to give an anti-ageing, anti-fatigue and energising facial specially for men.

NAIL AND EYELASH ENHANCEMENTS

Gel Nails

Full Set £45.00

French Finish £5.00

Infill's (every 2-3 weeks) £25.00

French Finish £5.00

Gel Overlays £40.00

French Finish £5.00

Individual Nail Rescue (per nail) £5.00

Eyelashes

Full Set* £75.00

Infill's* £30.00

JESSICA HAND AND FOOT CARE

Manicure 60mins £25.00

French 60mins £30.00

Deluxe Manicure 75mins £35.00

Zen Spa Pedicure 60mins £35.00

Deluxe Zen Spa Pedicure 75mins £40.00

Mini Manicure (file and revarnish) 30mins £18.00

Mini Pedicure (file and revarnish) 30mins £18.00

Mens Nail Grooming 30mins £18.00

OTHER TREATMENTS

Eyelash Tint* £14.00

Eyebrow Tint* £12.00

Eyelash and Eyebrow Tint* £22.00

Eyebrow Shape £10.00

Eyelash Perm* 60mins £35.00

Cleanse and Make-up 60mins £40.00

Trial and on the day Cleanse and Make-up 90mins £65.00

1/2 Leg Wax £17.00

Full Leg £25.00

Full Leg and Bikini £32.00

Under Arm or Bikini £12.00

Lip or Chin £8.00

Lip and Chin £12.00

Back or Chest £18.00

Sunbed

One Session 15mins £6.00

Course of 10 15mins £45.00