

Body & Spirit by Hilton

Massage Indulgence		
Full Body Swedish	60min	£ 38.00
Neck, Back & Shoulders	30min	£ 28.00
Aromatic	60min	£ 42.00



Hands & Feet		
Manicure	60min	£ 20.00
Deluxe Manicure	75min	£ 24.00
Pedicure	60min	£ 25.00
Deluxe Pedicure	75min	£ 28.00
Re – Varnish	30min	£ 12.00
Hand Treatment	30min	£ 15.00

PHD Waxing		
Half Leg	30min	£ 16.50
¾ Leg	45min	£ 19.00
Full Leg	60min	£ 22.00
Full Leg & Bikini	75min	£ 26.00
Bikini	15min	£ 10.00
Underarm	15min	£ 10.00
Eyebrow	15min	£ 10.00
Lip or Chin	15min	£ 5.00

Facial Indulgence		
Purity Ritual	30min	£ 28.00
Aroma Essential	60min	£ 40.00
Oxygen Facial	60min	£ 40.00

Eye Treatments		
Eyelash Tint	30min	£ 15.00
Eyebrow Tint	15min	£ 10.00
Eyelash & Brow Tint	30min	£ 18.00



Body Treatments		
Full Body Exfoliation	30mins	£ 30.00
Rebalancing Back Treatment	45mins	£ 35.00
Toning Body wrap	60min	£ 50.00

Specialist Massage		
Hot Stone Back Massage	30mins	£32
Hot Stone Full Body	75min	£42
Deluxe Hot Stone	90min	£50
Indian Head	30mins	£35

Ultimate Indulgence Packages & Day Spa Packages Details available on request

Opening Hours	
Monday	CLOSED
Tuesday	CLOSED
Wednesday	CLOSED
Thursday	12noon – 8pm
Friday	10 am – 6 pm
Saturday	10 am – 6 pm
Sunday	available on request



- 10% Discount for LivingWell members
- We are open to non-members
- Gift Vouchers are Available
- Products used in treatments are available for purchase
- A 50% cancellation fee will be charged for any no show or cancelled appointments under 24 hours

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